MyFRS
Florida Retirement System

FRS Financial Planning Online Workshops

Want to get smarter about your financial health, but don't have a lot of time to spare? Good news! The FRS offers free financial planning workshop webcasts for FRS-covered employees that you can attend right from your desk or in person. Below is the schedule for 2025. You may attend as many workshops as you wish; however, you must register separately for each workshop.

Register by phone:
1-866-446-9377, Option 2 (TRS 711)

Register Online:

- Go to the workshop calendar at https://myfrs.com/WorkshopCalender.htm#employee.
- Locate the employee workshop you want to attend (in-person or via Zoom), then register.
- You will receive a confirmation email after registration. Zoom registrants will also receive a reminder email the day prior to the webinar date.

Employees in the Tallahassee area can attend the workshops in person at the State Board of Administration, 1801 Hermitage Boulevard, Tallahassee, FL 32308.

January 8	Income Tax Planning	10:00 a.m. to Noon
January 8	Taking Control of Your Finances: 60 Minutes	1:00 to 3:00 p.m.
January 9	Education Planning	10:00 a.m. to Noon
January 9	Investment Planning	1:00 to 3:00 p.m.
April 1	Using the FRS to Plan for Your Retirement	10:00 a.m. to Noon
April 1	Using the FRS to Plan for Your Retirement (**SPANISH**) – **Zoom Only**	1:00 to 3:00 p.m.
April 2	New Employee Retirement Plan Choice	10:00 a.m. to Noon
April 2	New Employee Retirement Plan Choice (**SPANISH**) – **Zoom Only**	1:00 to 3:00 p.m.
July 1	Taking Control of your Finances: 90 Minutes	10:00 a.m. to Noon
July 1	Protecting Yourself and Your Loved Ones	1:00 to 3:00 p.m.
July 2	Understanding the FRS Investment Plan	10:00 a.m. to Noon
July 2	Investment Planning	1:00 to 3:00 p.m.
October 1	Social Security and Your Retirement	10:00 a.m. to Noon
October 1	Understanding Your Benefits under the FRS Pension Plan	1:00 to 3:00 p.m.
October 2	Nearing Retirement in the FRS	10:00 a.m. to Noon
October 2	Group Health Insurance (state employees and state college employees only)	1:00 to 3:00 p.m.
ALL TIMES ARE ET		